

Summer Serenity



The warmth of the sun, the scent of the sea and the serenity of a spa all evoke the pleasures of summer. Whether you're looking for a more active summer getaway or one that's more relaxing, make this a summer to remember and spend some time unplugged from technology and the to-do list. Make each moment count and enjoy this amazing time of year of long sunny days and sultry nights.



Golden Door Spa at Naples Grand Beach Resort

NAPLES, FL

A transforming retreat may be closer than you think at Golden Door Spa at Naples Grand Beach Resort in Naples, FL. A new energy takes place at the former Registry Resort & Club, which underwent a multimillion-dollar revitalization and now offers guests an impressive luxurious resort with 474 guest rooms and suites, serene gardens and fountains, and the peaceful Japanese influenced Golden Door Spa all located on 23 waterfront acres along the Gulf Coast of Florida.

This is also the first east coast location for Golden Door and although it is on a smaller scale than what is offered at the original Golden Door in Escondido, CA, guests can immerse themselves in a spa setting that will invoke an experience of calm and an inner journey to well-being. The 16,000-square-foot spa (indoor and outdoor space) offers 12 treatment rooms, The Labyrinth and meditation lounge, high performance fitness center, pools, beach area and water sports, tennis (rated one of the Top 50 Tennis Resorts by *Tennis Magazine*), golf (*Golfweek Magazine's* America's Top 100 Resort Courses) and the customized Golden Door spa program. One of the most unique features is the Couple's Spa Villa with a whirlpool, wading pool, soaking tub and sundeck. In addition, the resort offers several dining venues including an option for healthy spa cuisine.

There is much to do at this resort; however, if you're going to focus on self awareness, the Inner Focus programs are based on the concepts created by the original Golden Door fifty years ago. They offer the opportunity to open your mind while freeing your thoughts to reach your potential. These inspiring classes are taught by trained instructors in the relaxing comfort of the spa. If you're more interested in a massage and other spa treatments, consider one of their signature services like the Invigorating Avocado Citrus Wrap, which restores skin to a glowing health or the Tsah-Tee-Oho-Neer Restorative Facial, inspired by Native American traditions and rituals. This facial utilizes the Rhodochrosite stone, said to bring harmony to the body. Another favorite is an aromatherapy massage with custom blended oils.

Whether you are traveling solo, on a girlfriend's getaway, a romantic weekend or a family vacation, this resort is one of the best for a summer destination or any time of year. It's about transformation, relaxation and renewal and the benefits will stay with you long after you've returned home.

Naples Grand Beach Resort is close to shopping, attractions and both Naples and Fort Meyers airports and only two hours from South Beach and Miami.



**For more information,
please visit:**

www.goldendoor.com

